

Work Health & Safety and Manual Handling (Previously known as OH&S)



Overview: This training is divided into two sections

The first section of this training will explore legislation and basic practices for risk assessment, hazard control and emergency procedures in general. This training is to be undertaken by all new workers and volunteers. Participants will also have the opportunity to clarify Work Health & Safety procedures related to their own work. Participants who attend this first section will be able to:

- describe the WHS legislation as it applies to them
- understand the necessity for managing WH & S
- identify hazards they may face
- assess risks by using the HAZPAK
- develop control strategies
- report incidents/accidents
- describe when to use safety equipment/Spills Kit
- describe steps to take in the event of an emergency
- follow evacuation procedures

The second section of this training will focus on Manual Handling for Transport Assistants. This is an advanced model that provides practical guidelines when assisting HACC clients with walking, stairs, wheelchairs, cars etc.

- Chair transfers
- Car transfers
- Getting in and out of a car (with a wheelchair)
- Getting in and out of a bus
- Helping someone to walk
- Stairs
- Helping someone up off the ground
- Using a wheelchair

Who can attend?

ALL HACC staff/volunteers

Date: Thursday 22 March 2012

Time: 9:30am-4.00pm

Venue: Level 3 Bowen Library. 669 Anzac Pde, Maroubra Junction 2035

Cost: HACC workers \$55 (prices include 10% GST)

Non-HACC workers \$110 (Please contact VAST for more information on Non-HACC bookings)

The total training fee will be charged if less than 14 days notice is given of a cancellation.

Facilitator: Steven Champion works as a Work Health and Safety Consultant for Recovre Pty Ltd. Steven has more than ten years experience working as a WHS Consultant and providing safety training. Steven holds a Cert IV in Training and Assessment, a Cert IV in Workplace Safety and a Diploma in Personal Injury Management among others.

Full payment is due at time of booking.

Please go to our website to download the booking form

<http://www.jnc.org.au>

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