

## Seniors Activities in Adult Day Care



### Providing Client Orientated Leisure

What is meant by client orientated leisure?

An activity is suggested by the therapist based on the client's leisure profile and current leisure interest. This should be done based on a leisure profile.

A definition of a therapist for the purposes of this presentation is the person who makes the client feel better, for example, a community worker who visits the home or provides activities in a group situation.

### Topics Covered:

- ✚ how to engage your clients in enjoyable activities regardless of cognitive ability
- ✚ mentally stimulating activities including games
- ✚ music as therapy
- ✚ art and craft ideas for hands on activities.

<b>Who can attend?</b> Managers, workers/volunteers	
<b>Date:</b> Wednesday 13 June 2012	<b>Venue:</b> Level 3 Bowen Library. 669 Anzac Pde, Maroubra Junction 2035
<b>Time:</b> 9:30am – 3.30pm	
<b>Cost:</b> HACC staff/volunteers \$55 (prices include 10% GST) Non-HACC staff/volunteers \$110 (Please contact VAST for more information on Non-HACC bookings)	
<b><i>The total training fee will be charged if less than 14 days notice is given of a cancellation.</i></b>	
<b>Facilitator:</b> Laretta Kaldor is qualified as a Level 1 Diversional Therapist with 25 years experience working with older people in aged care. Laretta has experience working with residential in aged care doing activities for their leisure. She is also a writer of resources in residence and community care for recreation staff who do activities with people in aged care.	

**Full payment is due at time of booking.**

Please go to our website to download the booking form

<http://www.jnc.org.au>

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