

Low Level Care Facilities

Eastern Sydney

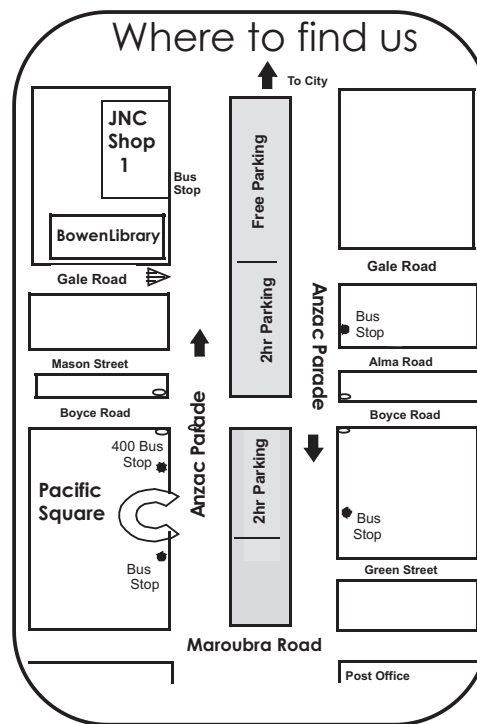
Brigidine House, Coogee	8383 6300
Charingfield Hostel, Waverley	9369 5444
Edina Hostel, Waverley	9369 3172
Hoban House, Pagewood	9349 3550
Illowra Hostel, Waverley	9369 4619
Lulworth House, Elizabeth Bay	9356 0400
Montefiore, Randwick	8345 9100
Mt. St. Joseph, Randwick	9398 9166
St.Luke's Villa, Woollahra	9328 1244
St.James Villa, Matraville	9661 9937
Ronald Coleman Lodge, Woollahra	9362 8691
Southern Cross, Daceyville	9313 6535*
Southern Cross, South Coogee	9344 3003*
Sister Ann Court Hostel, Darlinghurst	9331 7122
Victor Clark Duff Hostel, Paddington	9361 1000
Vincentian Village, East Sydney	9360 6024
Altona Nursing Home, Waverley	9387 1054

* also provides high level care

High Level Care Facilities

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A.C.Mackie Nursing Home, Padd.	9361 1000
Bupa Aged care Maroubra	9315 5277
Amity at Queens Park	9387 1366
Camelot N.Home. Maroubra	9349 5966
Castellorizian Nursing Home, Kensing.	9313 7129
Chesalon Nursing Home, Malabar	9661 6686
Edina Nursing Home, Waverley	9369 5131
Eric Callaway House	9661 5222
Frenchman's Lodge, Randwick	9398 4511
Gertrude Abbott, Surry Hills	9331 7122
Lulworth House, Elizabeth Bay	9356 0400
Milford House, Randwick	9398 3659
Mt. St Joseph's Home, Randwick	9398 9166
Phillip House, Waverley	9387 3872
Rose Bay Gardens, Rose Bay	9371 6555
Sir Joseph Banks Nursing Home, Botany	9316 9544
Vaucluse Nursing Home, Vaucluse	9337 3235



SHOP 2

(Bowen Library Building)

**669-673 Anzac Parade,
Maroubra Junction, 2035**

**Hours: Mon-Thur & Fri 9am - 4.30pm
Wednesdays 9am - 12noon**

**Phone: 9349 8200
Fax: 9344 7294**

Email: info@jnc.org.au

This brochure last updated March 2010



the
Junction
neighbourhood centre
information brochure



residential aged care
low & high level care

this brochure contains general
information as well as information
specific to Sydney and the
Eastern Suburbs

What is low & high level care?

Hostels, now called low level care homes, care for people who need some help with their daily living tasks. Most people in low level care can walk or move about on their own. Nursing homes, now called high level care homes, provide for people needing 24 hour care. All low and high level care homes receive federal government subsidies and must maintain an accredited standard of care. Anyone wishing to apply for permanent or respite accommodation in low or high level care must first book an assessment with their local Aged Care Assessment Team (ACAT). The ACAT team will assess the level of care needed and supply you with the documents required for application to the residential facilities of your choice. In many cases staying at home may still be a possibility. The ACAT team can also advise and/or assist in accessing appropriate care at home. See next page for contact details of your local ACAT.

What will it cost?

The Federal Government has set the minimum cost of care at a rate which can be covered by the aged pension (plus rent assistance). Care costs will include a daily care fee which could also include an income tested fee if applicable. Persons entering high level care may have to pay an accommodation charge depending on the value of their assets at the time of entry into care. An accommodation bond is paid by persons entering low level care. The amount of bond is agreed between you and the home. Provisions have been made to help people who have genuine trouble paying fees and charges. These provisions allow for your fees or charges to be waived. Ensure you discuss costs fully with the Aged Care Home or contact Centrelink or the Aged Care InformationLine for more information. Contact numbers for these services are included in this brochure.

Aged Care Assessment Teams (ACAT)

The ACAT team will assess a person's mental, physical and social situation to determine the level of care needed and provide the documents required for application for permanent or respite entry into low or high level care facilities. ACAT assessments are valid across Australia for twelve months. Each area has it's own ACAT team.

For referral to the ACAT teams for City of Sydney, Randwick, Waverley, Woollahra & Botany LGA's contact

**The Northern Network Access
& Referral Centre
9369 0400**

For ACAT in other areas
contact

**Commonwealth Carelink Centre
1800 052 222**

DPS Guide to Aged Care

This guide has been developed to provide older people, their families and carers with information about home and residential care services and products. It's location and information guide lists every aged care home as well as independent living facilities. Separate editions cover all areas of Australia and are free to all consumers. For your copy to be posted phone **1800 052 222**
For bulk quantities phone **08 8276 7999**

NSW Transcultural Aged Care Service (TACS)

This service maintains a list of low & high level care homes that cater for people from a non English speaking background. **9515 9858**

5 Steps to Entry into Residential Aged Care

This booklet will help you understand all you need to know about low and high care residential facilities. It explains the types of fees and charges applicable and what to do if you can't afford accommodation payments. Application forms and other relevant information is also included. For your copy to be posted phone **1800 052 222**
or **1800 500 853**

Centrelink

The financial aspects of entering an aged care facility can be complicated. Centrelink employs Financial Information Service Officers who may be consulted for financial advice regarding income assessment. You can make an appointment to see an FIS Officer by contacting Centrelink **13 2300**

Aged Care Information Line

This service provides publications, information and advice on fees & charges relating to aged care. They issue 5 steps guides, application forms and can advise any updates on fees and charges. If you do not understand any information contained in the 5 steps or how it relates to your own circumstances then ring this service **1800 500 853**

South East Sydney Carer Respite Centre

This service assists carers in accessing respite care options through the residential care setting. They keep a register of residential respite vacancies in high and low level care in the South East Sydney Area **1800 059 059**