

# FAREWELL GRACE



Grace (second from left) at JNC's 34th AGM in November 2008. She is seen here with winners of the Grace Runnerstrum award for volunteering. Winners from left - Relma (2007); Grace; Jan (2006) and Wendy (2008).

volunteering was all about. Having recently retired she was ready "to climb the walls with boredom" so she decided to volunteer for a number of days per week. Thirty years later she was still a volunteer!

As the first CHARM Co-ordinator and

We were all saddened to hear of the death, in May, of our friend, colleague and JNC's longest serving volunteer, Grace Runnerstrum.

Community organisations like ours rely extensively on the time, passion and skills donated by people willing to volunteer. Grace was such a volunteer. She had energy, wisdom and an understanding of the need for all people to feel connected in some way to their local community.

Grace's first contact with community came in 1976 when she went along to the local neighbourhood centre in Maroubra (then called CHARM, later RICC and now JNC) to find out what

***She understood "the need for all people to feel connected in some way to their local community."***

Information Officer Grace was aware of the importance of information in empowering people. The Centre was first to research and produce a range of publications for the community, one of which included the 'Home Deliveries Directory'. She told the story of when her mother was ill and confined to her home she became aware of the need for local businesses to home deliver their services to the house bound.

Grace developed a directory of local services including Chemists, Hairdressers, Laundries, Podiatrists, Grocers etc, that would home deliver. This Directory, updated yearly, proved so popular that 25 years later it is still widely circulated as a resource for the housebound and community workers in Randwick.

Over the years Grace served in various roles – Coordinator, Information Officer, President, Chairperson, Secretary, Treasurer and Front Desk Receptionist. She influenced numerous individuals by encouraging, supporting and mentoring them. She lobbied governments to address the needs of the community and had an impact through her involvement on numerous committees.

For service to her community Grace received a number of awards and commendations, including, the Randwick City Council Civic Award (1993) and the NSW Premier's Seniors Week Award (1998).

She retired from volunteering in 2006 and because of her long history of volunteering and her passion for it, we decided that this remarkable feat should be recognised in a significant way. In honour of her, The Grace Runnerstrum Award was inaugurated to recognise, annually, the service of an outstanding volunteer.

Grace has been an inspiration to fellow workers, paid and unpaid and to the local community. Her life has been a stunning example of community work, one that most of us can only dream of emulating. On behalf of the community and The JNC, we express our thanks. Though she will be greatly missed, her works continue long after her, in our history and in our hearts.

**Corinne Campbell**

## JNC Open Day a Huge Success!!

Kids, Clowns, magic, music, massages & tarot re-reading  
**Page 2**



## Centre Closure Due to Funding Crisis

Waverley Women's Domestic Violence Court Advocacy Service moves to Redfern Legal Centre

"The loss of this service of course has a financial impact on the day to day running of JNC."  
**Page 3**

## Indonesian Outreach Services

Open Day photos **Page 4**

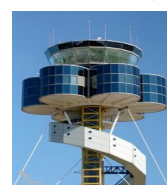


## VAST's New Training Calendar

For the term (Aug-Nov) we have scheduled 16 more training sessions all covering community work, volunteering, management and soft skill training. Volunteer numbers up!  
**Pages 6-7**

## Adventures on the JNC Bus

A visit to the Traffic Control Tower at Mascot Airport **Page 9**



## Are You In Debt? Help is at Hand

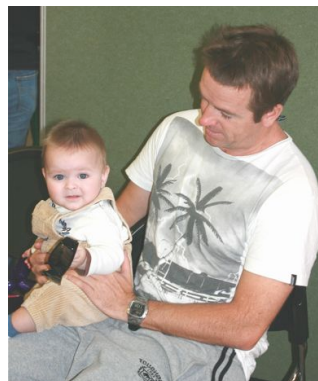
"If you owe somebody money, you should do something about it. Even if you don't think you owe the money, you should do something. If you have debts that are becoming overwhelming you need to take action"  
**Page 10**

# JNC's Open Day a Great Success!

As most of you know, because most of you attended, OPEN Day was a great success this year. With a turnout of over 100 people, the JNC and Bowen Library were jam packed with smiling, happy faces!



The theme for this year was Children & Families, so we gathered as much fun and entertainment as we could possibly fit on the third floor of the Bowen Library.



All of the kiddos were pleased as punch to participate in activities such as colouring and painting, building



blocks, and a special visit from Spinout the Clown!

Spinout entertained the children with face painting and balloon animals before engaging them in a fantastic magic show! She wowed us all with her magic tricks and brought out the inner magician in all of us.

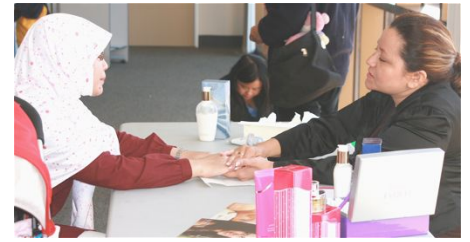
One such child got to show us this by assisting Spinout with a special trick and after waving his magic wand he pulled a live rabbit out of a box! The whole room applauded in cheers and



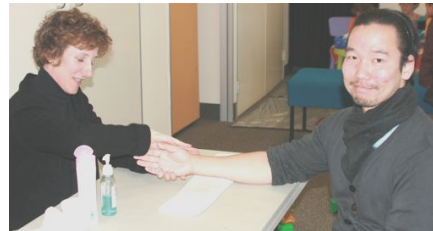
when I asked him later how he became so magical he replied, "I was born that way." Of course he was!



While Spinout was keeping the kids' attention, the parents got to take a little break and enjoy a bit of pampering. Sophie Muzard (below) was kind enough to offer hand



massages, as well as Estella Barrintos (above) who added a little aromatherapy to the experience.



The line to have tarot cards read lasted all morning as Sally Bainrosn predicted

everyone's futures. Even Mayor Bruce Notley-Smith could not resist a tarot reading!

As all the action was underway upstairs there was still plenty going on downstairs in the JNC. All of our outreach services (see page 4) were offering information throughout the day as well as the rest of the JNC staff.



They were serenaded throughout the day with music from a beautiful string duo and everyone kept their tummies full with a delightful morning tea spread.



All in all it was a successful morning as new friends were made

and new services were connected.

Many of the attendees came from the Bowen library and did not even know that our centre existed, so they were pleasantly surprised to learn about us and all we have to offer.



A big thanks goes out to all that attended and all that put in such hard work to make the day so enjoyable. See you all again next year!



Tangee Lucas  
Family Support Worker

# Funding Crisis Results in Centre Closure on Wednesdays

## Waverley Women's Domestic Violence Court Advocacy Service moves to Redfern Legal Centre

There is much to report both staff-wise and programme-wise at JNC in this edition.

Barbara Kelly, our centre manager is currently away on study leave. She returns for 2 weeks on 20<sup>th</sup> July and then leaves again on 31<sup>st</sup> July for 3 months extended leave. We hope that she enjoys this well deserved time out and we look forward to her return at the end of October.

While Barb is away I am the locum manager and I am working on Tuesdays and Thursdays as well as being on-call during the rest of the week. Other staff members are rostered on as acting coordinator when I am not in the office. We are very fortunate to have such an experienced staff team to be able to stand in on these occasions.

I am very disappointed to report that the Waverley Women's Domestic Violence Court Advocacy Service no longer runs from JNC. The management of all the court support services in the area has been centralised. We applied to manage these services but unfortunately we were unsuccessful. The service is now run by Redfern Legal Centre.

This is a big loss for JNC on many fronts, both personally and professionally. Firstly, to the women in our neighbourhood who experience domestic violence and require support at court and who don't now have a local point of access and support. They must now travel into the city to access this service.

Another consequence of losing this service is that we also had to release our two court support workers. Tania Pereira has worked for us for 4 years and has brought a high level of commitment

*“women in our neighbourhood who experience domestic violence and require support at court.....must now travel into the city to access this service”*

## JNC Welcomes New Front Desk Receptionist - Bruce McKelvie

Hi to all, my name's Bruce McKelvie and I've just recently joined the team at JNC as a receptionist and information assistant. My background is in visual art, dance and community arts which lead me into the area of community work.

My first experience working with JNC was in 2006 when I volunteered to run a drawing and painting class, it was a great experience that I found very rewarding. I was impressed with the friendliness of the people working at

the centre and I am pleased to be able to work for JNC again now in a different role.

I'd like to extend my thanks to all the staff at JNC for their warm welcome and support to me over my first two weeks in the job and I'm looking forward to meeting more of the people that use the centre's services and the many volunteers. Best wishes to you all.

**Bruce McKelvie**

and compassion to her work with the many women she has supported through the programme. Dianne Nyoni has worked with us for just 4 months at a time of uncertainty regarding the programme's future. Despite this her enthusiasm and commitment have been greatly appreciated. Both these workers will be greatly missed.

The loss of this service of course has a financial impact on the day to day running of JNC as well. With this and the lack of increase in Community Services Grants Programme funding (which supports the neighbourhood centre) over many years, it has meant that the management committee has had to make the difficult decision to close the Centre all day on Wednesday from the beginning of July.

*“The loss of this service of course has a financial impact on the day to day running of JNC as well”*

Should current funding increase or other funding become available, we hope that this will enable us to reopen again on that day.

Staff changes have also occurred on our Receptionist / Information Assistant position. Alexis Murphy returns from her maternity leave on 6<sup>th</sup> July. She will be working on Mondays and Tuesdays and we welcome her back. After 4 months with us, Fiona Price has left that position and we thank her for her efforts during that time and wish her all the best in her new job.

We have also welcomed Bruce Mc Kelvie who will be working on Thursdays and Fridays. Bruce worked with us as a volunteer art tutor in the past so many of you may remember him from there and it is good to have him back in this new role. So, lots of farewells and welcomes!

I have been very fortunate to have worked in many roles at JNC on and off over the last 7 or so years and I am very pleased to be given the opportunity to work in this role again. JNC is a great place to work and I look forward to working with you in this role over the next 4 months.

**Joy Steele-Wood**  
JNC Locum Manager

### The JNC NEWS

JNC News is available at:  
[www.jnc.org.au/JNCnews.htm](http://www.jnc.org.au/JNCnews.htm)  
Editing, layout and Open Day Photos:  
Corinne Campbell

JNC NEWS is sponsored by  
**Clovelly Community Bank®**  
Printed & Distributed by Miroma

The news and views expressed in JNC News are of a general nature only. Every effort is made to ensure the accuracy of the information.

The deadline for the Spring issue is  
Sept 19th 2009

Articles and items of news are welcome and can be sent to:

**JNC NEWS**  
Email: [info@jnc.org.au](mailto:info@jnc.org.au)

# Outreach Services at JNC's Open Day

## Indonesian Settlement Services

Dewi Putro is the community settlement worker outreaching at JNC for the Indonesian Welfare Association Indonesian Welfare Association. Dewi is available at JNC on Wednesdays between 9am-4.30pm.

## Indonesian Women's Group

Women of all ages, with or without children are invited to join this fast growing social group. The group provides some interesting discussion groups, information sessions and social activities.

The group meets fortnightly at the Maroubra Senior Citizen's Centre just across the road from our centre. If you'd like to join this group or are just needing help with settlement issues you can contact Dewi on 97441866 or 9349 8200 (Wednesdays only).



## Eastern Area Tenants Service (EATS)

Tenants Advice and Advocacy Services provide free, independent information, advice and advocacy to tenants throughout New South Wales. EATS provides FREE information for Public and Private tenants living in LGAs: Randwick, Waverley and Woollahra.

EATS can help you with questions regarding:

- Starting and ending your tenancy
- bonds
- rent increases
- repairs
- owing rent
- privacy

EATS provides an outreach service at The Junction Neighbourhood Centre fortnightly, on a Thursday from 2pm-4:30pm **by appointment only**. EATS can be contacted for advice on 9386 9147.

## Spanish & Latin American Social Assistance Service (SLASA)

Spanish & Latin American Social Assistance Service (SLASA) receives funding from DIAC the Department of Immigration and Citizenship to assist the Spanish speaking community especially newly arrived migrants and refugees in the St George, Canterbury-Bankstown and Eastern areas.

SLASA provides information about health, employment, education, immigration, housing, legal issues, English classes, referrals to services, individual casework, information sessions workshops and various other activities.

Hilda Scale operates this service every Friday from 10am to 3pm. To make an appointment ring JNC reception on 9349 8200.

Spanish Carer's Support Group meets at JNC on 1<sup>st</sup> Monday, monthly between 1:30- 4:30pm.



# What's Happening Front of Centre

## Housing Crisis

2009 has seen a very significant increase in clients accessing the centre for help with Housing related issues. Sadly, we are seeing an increasing incidence of people for whom the Eastern Suburbs has always been their home, being forced out of the area due to lack of affordable housing.

More and more families and singles who have always rented privately and have lost their current tenancy are finding it almost impossible to acquire new, local rental at an affordable rate. We are currently assisting 7 homeless families (including 11 children from 4 months up) and around 14 single people. These clients are either in emergency hotel accommodation provided by Housing NSW, while they await processing of their Priority Housing applications, or are living in cars, or any spare space in homes of friends and family.

These clients are under immense stress. Families accessing emergency accommodation are often forced to secure their accommodation from Housing NSW on a daily basis. For families this is a nightmare. Just this week I have witnessed a family of 5 having to vacate their hotel every morning and cart all their bags and food provisions by bus to and from Bondi and Maroubra. As well, they are required to provide an update of their Centrelink & bank account details on a daily basis.

These families, although not paying rent during this period, have the extra expense of providing meals, laundering clothes and getting children to and from school. On top of this the family is also expected to be looking for rental and providing proof of same to Housing NSW to support their Priority Housing Application. One can only imagine the stress on the parents and the impact this situation has on the children.

***“The good news is that we are achieving many successful outcomes and forging some great partnerships with other services”.***

Our centre receives no funding to provide assistance to these clients yet we are unable to find any alternative referrals for assistance and despite pleas to numerous funding bodies, have been so far offered no assistance. Some housing services exist but these are mainly for people with specific eligibility requirements which the majority of our clients don't meet. It is becoming increasingly difficult for our centre to keep providing this assistance

but while we have nowhere else to refer them for help we will do our best to assist in any way we can, and to continue to seek funding.

Over the last 12 months our centre has assisted over 70 individuals and families who have required advocacy or personal support over a number of appointments. This is on top of the clients who receive services through our Family Support & Aged & Disability services. Of these clients almost 75% were housing related. The good news is that we are achieving many successful outcomes and forging some great partnerships with other services. This helps us to keep the dream alive that we can keep providing this much needed assistance within our community.

**Kim Meddows**

## Driving Laws You May Not Know



### Parking

From 1 December 2008, all 'No Standing' zones in NSW have become 'No Stopping' zones. This means that **even if the sign has not yet been changed, you cannot stop your vehicle at all for any reason wherever there is a 'No Standing' sign.** Violation carries a fine of \$189

If you come upon a road with **double division lines** in the middle, you must park at least 3 metres away from the division line/middle of the road. If the road is not wide enough for this, you cannot park there. Violation carries a fine of \$189.

### Fines

If you receive a fine for parking or speeding, and you believe you didn't break the law, someone else was driving at the time, or you have other special circumstances that calls for an exemption or leniency, you can:

- Ask for the fine to be reviewed as soon as you get it; or
- You can challenge it in court

You should get legal advice before deciding to challenge the fine in court.

If you have financial difficulties, you can apply to pay the fine by instalments.

**Kingsford Legal Centre** provides free legal advice to people who live, work or study in the Randwick/Botany local government areas.

Please call **9385 8566** to make an appointment with a solicitor

**Please note that this information is NOT legal advice and should not be relied upon as legal authority.**

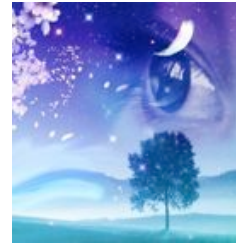
# VAST Training Calendar August - November

## VAST Training Service Update

### February - June Training Calendar a Success!

Dear HACC members

We are reaching the end of this first term of the year and so the end of the VAST Training Calendar. I must say that the number of participants has been overwhelming, especially because the number of training sessions that we scheduled for this current calendar was much higher than in the past. We scheduled 26 different training sessions over this training calendar. This number is almost what we usually offered over a one full year.



*Live as if you were to die tomorrow. Learn as if you were to live forever. -*

**Gandhi**



I am pleased to see that the number of training sessions cancelled has been reduced to just two in the first trimester and that in just this period of time we have had 16 training sessions and 92 participants.

Units from the Diploma of Management have been very well attended as well as other management training sessions including our 5 session program on Conflict Management for Leaders. This coaching program will not be delivered during next term but will be reviewed and may be scheduled for 2010 holding session through the year.

## August - November VAST Training Calendar is Ready - BOOK NOW!

For the following term (Aug-Nov) we have scheduled 16 more training sessions all covering community work, volunteering, management and soft skill training. Recognised training from the **Cert IV in Aged Care and Dip of Management** has also been included.

Go to [www.jnc.org.au](http://www.jnc.org.au) to download VAST Training Calendar, course overviews and booking form.

HACC Community Work & Volunteering Learning Program		HACC Management & Leadership Learning Program	
Orientation to HACC, Aged, Disability and Duty of Care Work (Recognised)	6 <sup>th</sup> August	Tender & Policy Writing	27 <sup>th</sup> August
Volunteer Orientation Course	19 <sup>th</sup> August	Coaching & Mentoring Staff	16 <sup>th</sup> Sept
OHS & Manual Handling for Transport Assistant (Recognised)	2 <sup>nd</sup> Sept	Coordinating Volunteers (Recognised)	14 <sup>th</sup> October
Assessment & Referral Skills for HACC	10 <sup>th</sup> Sept	Develop Systems to Manage Conflict within your Organisation	15 <sup>th</sup> October
Volunteer Orientation Course (Saturday)	3 <sup>rd</sup> October	Managing Operational Plans	4 <sup>th</sup> & 5 <sup>th</sup> Nov
Accidental Counsellor	21 <sup>st</sup> October	<b>Soft Skills Training for ALL</b>	
Managing Aggressive & Violent behaviour	22 <sup>nd</sup> October	Strategies for Conflict Resolution	13 <sup>th</sup> August
Volunteer Orientation Course	12 <sup>th</sup> Nov	Stress Management	8 <sup>th</sup> October
		Time Management	20 <sup>th</sup> October
<b>BOOK EARLY!!</b>		<b>BOOK EARLY!!</b>	

# VAST Volunteer Recruitment Service Update



## Volunteer Numbers up!

VAST is delighted to inform that the number of people coming to VAST looking for volunteer work has increased compared to the same period last year. We have had 40 people coming in search of volunteering opportunities over the last 3 months and this has of course assisted with the number of volunteers we refer to HACC organisations. A review on the most direct causes for this increase is being done but what is most likely is that VAST marketing activities are being effective.

## National Volunteer Week Celebration

National Volunteer Week is one of two formally recognised events for volunteers globally. During this celebration VAST thanked all volunteers that were referred by VAST and are currently working as volunteers for HACC organisations. All these volunteers received a pin specially designed for 2009 celebration and certificates of appreciation.

VAST also opened this week's celebration with a Volunteer Orientation Course on Saturday which was very well attended by 18 volunteers and potential volunteers.

VAST was also part of the Junction Neighbourhood Centre Open Day (see photo right) where people from the community were able to reach our service for specific information on volunteering.



## 2009 NSW Volunteer of the Year Award

Do you know a volunteer who has made a positive impact on the not-for-profit they work for and the community they work in? Nominate them for the **2009 NSW Volunteer of the Year Award**. Awards will also be given to stand out youth and senior volunteers at regional and State level.

Go to [www.volunteering.com.au](http://www.volunteering.com.au) and nominate!

## Review of the National Standards Volunteering Australia

Have you had experience with the National Standards for Involving Volunteers in Not for Profit Organisations? If yes, then Volunteering Australia would like to hear from you. The National Standards are undergoing a review and Volunteering Australia is inviting feedback through an online survey. Your feedback is vital to this very important review and we encourage you to take part.

Go to [www.volunteeringaustralia.org](http://www.volunteeringaustralia.org) and have your say!



### Shyrley Villamil VAST Program Co-ordinator

(VAST) Volunteer and Service Training Program  
Junction Neighbourhood Centre, Inc.

Ph: 93498200 Fax: 93447294

E-mail: [vast@jnc.org.au](mailto:vast@jnc.org.au)

Shop 2, 669 - 673 Anzac parade, Maroubra NSW 2035

# FREE TAX Help For Low Income Earners

If you want free help filling out your tax return and baby bonus claim and you are on a low income our trained Tax Help volunteers may be able to help you.

## What is Tax Help?

Tax Help is a network of community volunteers who provide a free and confidential service to help people complete their tax returns at tax time. These volunteers are people from within the community who give up their time each year. They are not Tax Office staff, but they receive training and support from the Tax Office.

## Where is Tax Help available?

Tax Help is available in all capital cities and many country centres across Australia, with volunteers operating from convenient locations in the community. In most places the service is available from July to October.

## Who is Tax Help for?

Tax Help is for people on low incomes including, but not restricted to, those who are also seniors, students, people from non-English speaking backgrounds, people with a disability, Aboriginal people or Torres Strait Islander people.

Since tax can be complex, volunteers are only able to help with fairly straightforward tax returns. They can help identify and record income received through:

- 1 pensions
- 2 Australian government benefits and allowances, such as unemployment and sickness benefits
- 3 salary and wages
- 4 dividends
- 5 managed funds, and
- 6 interest.

## Am I eligible for Tax Help?

The following table will help you determine if you are eligible for Tax Help.

If you are...	And your taxable income is...
A single person	\$40,000 or less.
Married or de facto	\$40,000 or less plus \$2,500 for each child.
A single parent	\$40,000 or less plus \$2,500 for each child.

Then, you are eligible for Tax Help if none of the following situations applied to you in the previous income year:

- 1 you were employed as a contractor (for example a contract cleaner or taxi driver)
- 2 you were in business, including being a sole trader
- 3 you sold shares
- 4 you sold an investment property
- 5 you owned a rental property
- 6 you received royalties
- 7 you received distributions from a trust other than a managed fund
- 8 you received foreign income other than a foreign pension or annuity.

## What can Tax Help volunteers help with?

If you need to fill out a tax return a volunteer can help you do this. In some cases people on low incomes do not need to lodge tax returns. Tax Help volunteers can work out if a tax return is necessary in your case. If it is not necessary, and you lodged a tax return last year, it is important that the Tax Office knows this. Tax Help volunteers can help you to fill out a Non-lodgment advice if this is necessary. Tax Help volunteers will also be able to assist you with claims for family tax benefit, refund of imputation credits and baby bonus.

Tax Help volunteers cannot assist clients with:

- 1 business tax returns
- 2 partnership and trust matters
- 3 capital gains tax (CGT)
- 4 rental property.

## FREE TAX HELP Available at JNC

Once you have determined that you are eligible for the Tax Help program please phone to make an appointment to have your return processed, free of charge, by our Tax Help Volunteers, Joanne & Albert.

These wonderful people have been returning year after year to provide this valuable service from The Junction Neighbourhood Centre.

**TAX Help** commences the beginning of August and finishes at the end of October.

Bookings can be made from July 1<sup>st</sup> by phoning 9349 8200.

# Out and About on The JNC Bus

## Monday (fortnightly) Social Group Shopping

The Social Group Shopping started this year and has been a big success. Clients have enjoyed shopping with their volunteers and then having coffee. Sometimes when we have time we go for a small drive to look out over the water at La Perouse.

## Tuesday Day Away Group

The Tuesday Day Away Group is another fortnightly outing which involves having morning tea then going for a drive before stopping at a club for lunch. This term we have had some exciting highlights which have involved the Traffic Control Tower at Mascot Airport. This was a remarkable experience as we were able to go up into the control tower and watch some of the planes come in and see how it all works. A very big THANK YOU to Michael Tie for organising this very special trip for us. We also had a lovely trip down to Bundeena RSL for lunch. The drive through the Royal National Park is always beautiful and the view up the coast line from the club is truly spectacular.

**Control Tower Sydney Airport**



## Friday Short Outing Group



The Short Outing Group started in 2008. This year has seen us off to some very interesting places. These venues have included the South's Exhibition at Mascot Library, The Art Gallery to see The Archibald Exhibition and a trip to the Nicholson Museum at Sydney University. The Sydney Fish Market (always fun) and morning tea at Centennial Park, just to name a few of our more remarkable venues. We also went to Government House and had an interesting guided tour through this historic house.

For more information on these groups please call **Megan - Activities & Outings Co-ordinator** at The Junction Neighbourhood Centre on 93498200. Visit our website for brochures at [www.jnc.org.au](http://www.jnc.org.au).

**Government House Sydney**



An audiologist and technician provide hearing services for new or existing clients.

### **Eligibility:**

- \* children up to 21 years
- \* pension concession card holders
- \* veteran gold or white card holders
- \* recipients of Centrelink Sickness benefit
- \* CRS clients
- \* Aboriginal & Torres Strait Islanders

If eligible you will need to apply for a Hearing Voucher. These are available at JNC or can be posted by contacting Australian Hearing when you make your appointment.

### **Service Times at JNC**

**Audiologist Services  
Monday & Tuesdays  
9am to 4.30pm**

**Technician Services  
Mondays Fortnightly  
1pm to 4.30pm**

**Hearing Aid batteries available  
Monday to Friday** for all Australian Hearing clients

Appointments can be made by calling: **Australian Hearing** on **131 797**

## Senior's English & Social Support Classes

JNC runs two classes weekly for people over 65 years of age who reside in the Randwick LGA. These classes are held every Thursdays from 10am to 11.30am and 12 to 1.30pm. Classes are small (8 max) with trained volunteer teachers.

The aim of Senior's English is to provide weekly support services to seniors from a multicultural background. This will give them the opportunity to improve or maintain their English language skills and keep them linked with the community, thus avoiding social isolation. Special information sessions and other activities are included.

**Kim Meddows**

# Being Squeezed for a Debt?...Help is at hand

If you owe somebody money, you should do something about it. Even if you don't think you owe the money, you should do something. If you have debts that are becoming overwhelming you need to take action.

The following services offer support and information on how to best get through a debt problem:

**Legal Aid** provides a free 20 minute interview for credit & debt advice. You can make an appointment by calling your nearest Legal Aid Office (**Sydney, 9219 5000**) If you need further help, Legal Aid may pay a lawyer to represent you if:

- the matter in dispute is over \$3,000
- the debt is a consumer debt
- you meet the means test
- your case is likely to succeed

**Chamber Registrars** in most local courts provide free legal assistance. They can also help you with court documents. Ring your nearest local court to make an appointment. (**Waverley Court 9367 1900**)

**Community Legal Centres** provide free legal advice and information about a range of matters including credit/debt. Local contact is **Kingsford Legal Centre, phone 9385 9566**.

**The Consumer Credit Legal Centre** specialises in credit/debt matters. For legal advice call **9212 4111**

**Credit and Debt Hotline 1800 808 488**  
(Tues 10 am-12. 30pm; Thurs 2pm-4.30pm)

**Credit Help Line** provides information about your nearest financial counsellor. Phone **1800 808 488**

**Financial Counsellors** assist people with debt problems by providing information, advice and negotiation with creditors.

**The Salvation Army** provides counselling through their service **Moneycare**. General enquiries call 9266 9587. Surry Hills office 8218 1244.

**Creditline** provides face to face financial counselling by professional Financial Counsellors to people in financial distress or to people who want better money management skills.

**A Creditline Counsellor is available every Friday, at the Junction Neighbourhood Centre from 9:00am - 4:30pm. To book an appointment phone Creditline on 9951 5544. Bookings are essential!**

Information gathered from Legal Aid NSW Brochure "Are you being squeezed for debt? Copies available at [www.legalaid.nsw.gov](http://www.legalaid.nsw.gov).



autism spectrum parents information & resources east

**ASPIRE** was formed by a group of parents who care for children on the Autism Spectrum. Together they share in the joys and challenges of raising children with a diverse range of talents and needs.

The purpose of ASPIRE is to give information, communicate group meeting dates and share details of resources available for children on the Autism Spectrum and their families.

## Monthly Support Group Meetings

**Where:** The Corio Centre, Uniting Church  
892 Anzac Pde, Maroubra Junction

**When:** Evening Group on the 4th Thursday  
of the month, 7.30pm - 9.30pm

Daytime meeting on the 2nd Thursday  
of the month, 9:30am - 11:30am  
at The Corio Centre.

Everyone is welcome. If you would like to come or if you would like some more information just email ASPIRE at: [info@asdsupport.org](mailto:info@asdsupport.org) or contact the Junction Neighbourhood Centre on 93498200

ASPIRE Website: [www.asdsupport.org](http://www.asdsupport.org)

## Parenting Workshops

*Meeting the many and varied needs of parents, grandparents and carers of children in our community.*

Randwick City Council has collaborated with local community service providers (including JNC's Family Support Services) and neighbouring Botany Bay and Waverley Councils to develop a comprehensive program of free and low cost parenting workshops. These workshops meet the many and varied needs of parents, grandparents and carers of children in our community.

**Topics include:** Communication and conflict resolution; Grandparents refresher course; Nutrition for children; Practical strategies to improve working memory; Dealing with tantrums and many more.

The calendar of workshops contains useful information including: a list of websites providing parenting advice; and access to community organisations which provide a range of services across Eastern Sydney.

The calendar - **Parenting Calendar June to November 2009 (pdf 2Mb)** is available from Randwick City Council's website. Copies are also available at Bowen Library, Malabar Community Library, Randwick Council Customer Service Centre and The Junction Neighbourhood Centre.

# What's On at The Junction Neighbourhood Centre 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Australian Hearing Clinic 9am-4.30pm Technician Services 1pm-4pm fortnightly</p>  <p>Australia's Hearing Specialist</p>	<p>Australian Hearing Clinic 9am-4.30pm</p>  <p>Australia's Hearing Specialist</p>	<p>Indonesian Welfare Association Settlement Worker 9am-4.30pm</p> 	<p style="text-align: center;"><b>TAX HELP</b> August to October</p> <p>Senior's English &amp; Social Support Groups 10-11.30am &amp; 12-1.30pm</p> 	<p>Creditline Financial Counselling 9am-4.30pm</p> 
<p>Knitting Network &amp; Papercraft Workshop 12-2.30pm Level 3</p> 	<p>Tuesday Day Away Bus Outing</p> 	<p>Indonesian Women's Group 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays 9.30am-12md Maroubra Senior Citizens Hall</p> 	<p>ASPIRE Autism Support Group Monthly 4th Thurs. 7.30-9.30pm Corio Centre</p> 	<p>Friday Short Outing Group</p> 
<p style="text-align: center;"><b>TAX HELP</b> August to October</p> <p>Monday Morning Social Group Shopping</p> 	<p>SLASA Spanish &amp; Latin American Social Assistance Service Settlement Worker 9-4.30pm</p> 	<p>Social Support 1:1 Shopping Car Service</p> 	<p>Book Club 2nd Thurs. monthly 2-3pm</p>	<p>BEST Tenants Group 1st Friday monthly 9-10.30am</p> 
<p>Social Support 1:1 Shopping Car Service</p> 	<p>Pro-Bono Immigration Agent By Appointment</p> 	<p>Harmony Anxiety Support Group 2-4pm</p> 	<p>Social Support 1:1 Shopping Car Service</p> 	<p>Social Support 1:1 Shopping Car Service</p> 
<p>Spanish Carer's Support Group 1<sup>st</sup> Monday monthly 1.30-4.30pm</p> 		<p>Social Support Coffee Group Car Service</p> 	<p>Eastern Area Tenants Service 2-4.30 pm by appt.</p> 	<p>Papercraft Class 11am-1.30pm</p> 
<p>NAFA Film Group 6 to 8.30pm</p> 		<p style="text-align: center;"><b>The JNC Shopfront is closed on Wednesdays until further notice except for appointments and organised groups.</b></p> <p style="text-align: center;"><b>We can be contacted by phone.</b></p>	<p>Kingsford Legal Centre 5.30-7.30pm</p> 	<p>Multicultural Support Network Last Friday Monthly 6-8pm</p> 

All services weekly unless indicated otherwise. All services in JNC Shop 2 unless indicated otherwise or location not for disclosure.



Winter Edition 2009

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The Junction Neighbourhood Centre  
Shop 2, 669-672 Anzac Pde  
Maroubra 2035

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**View The JNC website at: [www.jnc.org.au](http://www.jnc.org.au)**  
**You can download copies of:**

The Junction Newsletter - JNC Program Brochures  
Volunteer Training Courses - Volunteer Jobs  
Local Classes and Groups  
JNC Lists, Directories etc

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