

## **Volunteers for Home Visiting/ Social Support**

**The Volunteer & Service Training (VAST) Program** is seeking **Home Visiting/ Social Support** volunteers to work with the elderly and people with disabilities in the Eastern Suburbs and the City of Sydney.

We are a **Volunteer Recruitment Agency** providing service to more than 50 not for profit organizations for their volunteer needs. VAST is a program run by JNC.

Our elderly clients often experience loneliness, social isolation and have limited or no contact with family or friends to support them with their needs. A regular visitor can help to prevent premature or inappropriate institutionalisation by providing help so people can live in their own community and be part of the community. It also helps to improve their quality of life and they feel valued or cared for.

Volunteers visit clients in their homes and provide companionship and friendship by one-to-one conversation, sharing a cup of coffee together or a meal and assisting them with some of their basic needs like grocery shopping, doctor's visit or banking requirements.

Volunteers from different cultural backgrounds and who can speak different languages other than English are welcome.

Volunteers will be matched with the organisation or clients based on shared interests, cultural background or spoken language.

Time commitment for this position is approximately 2 hours every fortnight on a regular basis

Volunteers will receive training and ongoing support from the organisation. They may receive travel reimbursement.

This position is available in following areas: Maroubra, Eastlakes, Randwick, Bondi Jn, Surry hills, Redfern and Waterloo

Please note: Police clearance is mandatory for this position.

Call us on 9349 8200 or email your interest on [vast@jnc.org.au](mailto:vast@jnc.org.au)