

WHO WE ARE

The vision of The Junction Neighbourhood Centre is to contribute to and be part of a community that works together for justice, reconciliation, fairness, acceptance & tolerance for all.

We strive to provide responsive and meaningful services to meet identified community needs and seek to develop community participation in the development of these services.

The management committee and most of the services offered by **JNC** are supported by volunteers. We encourage the participation and involvement of the local community.

JNC is a non profit community organisation subsidised through government funding, membership fees, sponsorship and fund raising.

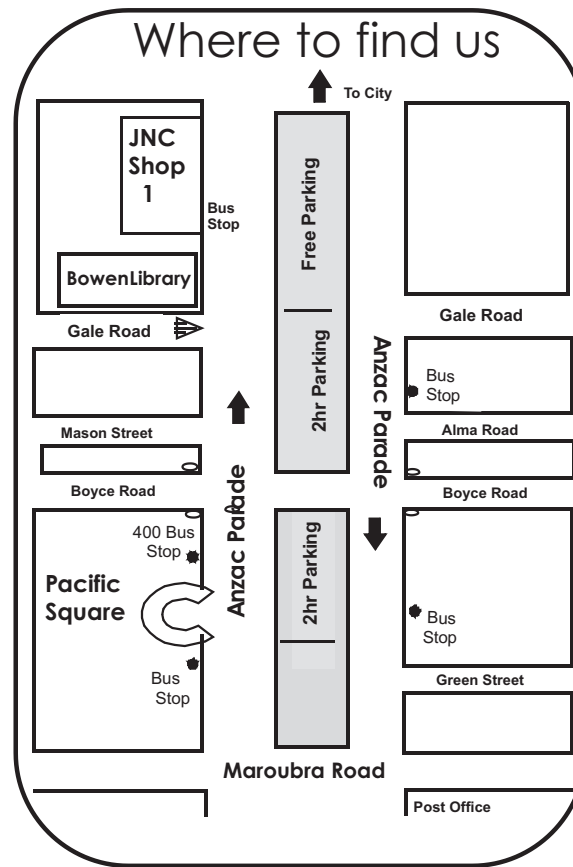
People who use JNC services have a right:

- * To access services without discrimination.
- * To be informed about available services.
- * To pursue any complaint about the services provided, in confidence.

Interpreter Service:

JNC will provide you with the assistance of an interpreter if required.

Alternatively, you can call the Translating and Interpreting Service (**TIS**) on **131 450**. They will contact **JNC** for you.



SHOP 2

(Bowen Library Building)

**669-673 Anzac Parade,
Maroubra Junction, 2035**

**Hours: Mon-Thur & Fri 9am - 4.30pm
Wednesdays 9am - 12noon**

**Phone: 9349 8200
Fax: 9344 7294**

This brochure last updated April 2010



the
Junction
neighbourhood centre

Aged
& Disability
Services



Phone: 9349 8200

Email: agedanddisability@jnc.org.au

Website: www.jnc.org.au

Aged & Disability Services

Social Support Shopping Service

Regular, 2 hour, fortnightly service providing a support worker or volunteer in a car who will assist you to shop, bank, pay bills or undertake other activities where transport & physical assistance is needed.
Some limits apply.

Monday Social Group Shopping Bus

Join the bus to Eastgardens.

Pick up & drop off with 'one to one' volunteer assistance at the shops.

Tuesday Day Away Bus Outings

Tuesday bus outings provide frail older people who are isolated and/or housebound, a day away from their home.

Coffee Group

Join 1 or 2 others for morning tea out at local venues.

Friday Short Outing Group

Friday morning bus outings offering a variety of different venues and activities.

Carer Respite

Weekly 3 to 10 hour respite for carers of frail aged people including those with low level dementia. Respite can be either in home or out in the community.

Home Visiting

Our volunteer programme can provide volunteer home visiting for people who are socially isolated

Telephone Support

Service provided by volunteers. Weekly call to chat and check on well being.

The Junction Neighbourhood Centre Aged & Disability Programme provides a range of services to support frail older people, people with disability and their carer, living in the Randwick LGA

***An assessment will be required to determine eligibility for some services.
Waiting lists may apply for some services.***

Information Services

We provide a range of information resources to assist older people, people with disabilities and their carers.

Our Information service is available to assist you toward finding the services to suit your needs. If you are a carer, someone needing care or know of a friend or relative needing help, give us a call or drop into our shopfront. We can compile an individual information package to suit your needs.

Advocacy & Referral

We can assist aged people or people with disability with assessment & referral to appropriate services and/or advocacy.

Senior's English & Social Support

Provides weekly centre based support to seniors from a multicultural background. Help to improve or maintain English skills and involve in centre activities thereby avoiding social isolation.

Knitting Network

Centre based Social Group

Meets every Monday from 12 to 2.30pm. Participants of all ages involved in 'Wrap with Love' knitting project, social interaction and other activities as decided by the participants.

Harmony Anxiety Support Group

Mental Health award winning support group meets weekly and provides a holistic approach to anxiety in a group setting with a trained facilitator.

Carer Support Groups

The Junction Neighbourhood provides support and meeting space to The Spanish Carer's Support Group and the ASPIRE support group for parents with children on the autism spectrum.

Home Services Directory

This useful resource provides contacts for all types of services that home deliver in the Randwick Local Government Area eg. groceries, medicines, hairdressing, x-rays and more.